LOCAL COUNCILLORS

They are looking after our local area and will hear out all the residents concerns. Please contact them:

Dawn Barnett

Surgery 3rd Friday of the month 4pm - 5pm at St Richard's Community Centre, Egmont Road, Hove







Tony Janio

Surgery to be confirmed at

Hangleton Library, West Way, Hove

Tel: 296434

Email: tony.janio@brighton-hove.gcsx.gov.uk

Nick Lewry

Surgery 4th Friday of the month 4pm - 5pm at Hangleton Community Centre, Harmsworth Crescent, Hove

Tel: 291641



Email: nick.lewry@brighton-hove.gov.uk

Note from Dawn, Tony and Nick:

"Your local Councillors thank all local residents for their support!!"



Hangleton & Knoll

Our local Councillors Dawn, Tony and Nick would like you to contact them (details above) if you see a dog being walked out without a lead.

Did you know that there is a £80 fine to the owner?

Please do get in touch if you have any concerns.

You can also call **01273 292445** to report.

St Richard's Community Centre

Monday

9.15am-12.15pm: Baby Ballet 4pm-5pm: Table Tennis

6pm-9pm: Girl Guides 2nd Monday each month **5pm-8pm:** Young women's group Knoll Community Association

Tuesday

12noon-1pm 50+ Tai Chi **6pm-7pm**: Tuesday Shape up **1.30pm-4pm** Forget me nots 4pm-6.30pm SEND

7pm-8pm: Zumba

Parent/Carer coffee morning

Wednesday

9.20am-10am: Church Service 10.30am-1pm: Pilates Computer drop ins throughout the day **1pm-4pm:** Smile while you dance

2pm-3pm: Chair Dance

6pm-7pm: Boxing 6pm-7pm: Yoga with Laurie

7.30pm Saxophone tuition Community action Health forum surgery

meetings

Thursday

10am-2pm: Knoll Lunch Club **10am-12noon:** Multicultural Womens group

1.30pm-3pm: Standing

1.30pm-3pm: Art Classes. **7pm-9pm:** 1st Thursday each month BHSSG group

Tall Exercise

12.30pm-4pm: Line Dancing **4pm-5pm:** Dawn Barnett

Councillor 3rd Friday

Saturday 10am-11am: Zumba Gold

Sunday

10am: Church Service **3pm-6pm:** 2nd Sunday Tea for the Elderly 1st Sunday of each month



For more information, please call Gerard and Ann 01273 414483, or

email: info@strknoll.org.uk Website: www.strknoll.org.uk

Useful Contacts

Hangleton and Knoll Community Action: 01273 41 44 83

Access Point, Social Care Services: (24 hours in emergencies): 01273 29 55 55

Age UK (Concern): 01273 72 06 03

Alzheimer's/Dementia Society: 01273 72 62 66; 0300 222 11 22

Bereavement Care: 01273 23 40 07

Carelink: 0300 123 3301 Childline: 0800 1111

Drug and alcohol Advice line: 01273 73 19 00; 0800 01 49 819

East Sussex Fire and Rescue Service:

0800 177 7069; minicom 01323 462 003; enquiries@esfrs.org

Gas/Electric Bills (Bhesco): 01273 76 66 71;

Hospital Aftercare: 07795 90 57 40 **Library Home Delivery: 01273 29 45 99**

Loneliness:

Time to talk befriending - 01273 73 77 10;

Impetus - 01273 77 58 88 Migrant Help: 0808 800 06 30

NHS Direct: 111

Possability People: 01273 89 40 40 Sussex Mental Health: 0300 5000 101